

HST Trail Data

Eastbound Waypoints	Leg Miles	Cumm. Miles	Elev.	Slope	Elev. Diff.	Amenities
Crescent Meadow	0	0	6,695		0	Bear Box, Trailhead Parking, Toilet
Log Meadow Trail Junction	0.6	0.6	6,850	258	155	
Panther Creek Trail Junction	2.4	3	6,800	-21	-50	
Mehrten Creek	3.7	6.7	7,600	216	800	Bear Box
Panter Gap Trail Junction	0.4	7.1	7,690	225	90	
Nine Mile Creek	2.3	9.4	7,360	-143	-330	Bear Box
Buck Creek	1.5	10.9	7,200	-107	-160	Bear Box
Bearpaw Meadow	1.8	12.7	7,720	289	520	Bear Box
Lone Pine Creek	1.7	14.4	7,400	-188	-320	
Hamilton Lake	2.3	16.7	8,240	365	840	Bear Box, Pit Toilet, No Campfires
Kaweah Gap	4.1	20.8	10,700	600	2,460	Great View
Big Arroyo Junction	3	23.8	9,560	-380	-1,140	Bear Box
Chagoopa Plateau	3.2	27	10,600	325	1,040	Bear Box
Chagoopa Plateau Trail Fork	1.8	28.8	10,225	-208	-375	
Moraine Lake	2.2	31	9,300	-420	-925	Bear Box, Amazingly Warm Lake
Sky Parlor Meadow	1.9	32.9	9,160	-74	-140	
Upper Funston Meadow	3.8	36.7	6,730	-639	-2,430	Bear Box
Kern Hot Springs	1.8	38.5	6,880	83	150	Bear Box, Hot Springs
Junction Meadow	7.5	46	8,080	160	1,200	Bear Box, Very Cold Stream
Wallace Creek Trail Junction	1.2	47.2	8,830	625	750	
JMT/HST Junction	3.4	50.6	10,405	463	1,575	Bear Box, Campfires Allowed
PCT/JMT Junction	3.3	53.9	10,875	142	470	
Crabtree Ranger Station	0.9	54.8	10,660	-239	-215	Bear Box, Wag-Bag Pick-Up
Guitar Lake	2.4	57.2	11,460	333	800	May Be Crowded
JMT/Whitney Junction	3.6	60.8	13,480	561	2,020	Deposit your Backpack
Mt. Whitney	2.5	63.3	14,494	406	1,014	Grandest View, No Starbucks
JMT/Whitney Junction	2.5	65.8	13,480	-406	-1,014	Pick up your Backpack
Whitney Portal	8.5	74.3	8,340	-605	-5,140	Best Burgers West of the Mississippi

N.B. - All of this data was taken from the website of one who did the trip (minus the slope data). Some of the distances are slightly different than what the Tom Harrison maps indicate.